



On October 19, 2005, the MILA Trustees voted to renew MILA's medical contract with CIGNA HealthCare for the three year period beginning January 1, 2006. CIGNA is very pleased to continue our partnership with MILA and we look forward to supporting MILA's health care goals.

The purpose of this letter is to make you aware of certain enhancements to the program which become effective January 1, 2006:

- CIGNA's network for MILA will now be the Open Access Plus network. No referrals to specialist physician are required but, as always, we encourage you to verify your provider's network participation by accessing our online directory at www.cigna.com or calling Member Services at 1-800-794-7882 or checking with your local Port Administrator who has been sent a supply of provider directories.

To receive in-network coverage after 1/1/06, you **must** see an Open Access Plus provider. However, MILA will allow a Transition of Care benefit (*i.e.*, continued care with an existing in-network provider who is not in the new network) in the following circumstances:

- Pregnancy in the second or third trimester.
- Newly diagnosed or relapsed cancer in the midst of chemotherapy, radiation therapy, or reconstruction.
- Trauma.
- Transplant candidates, unstable recipients, or recipients in need of ongoing care due to complications associated with a transplant.
- Recent major surgeries still in the global follow-up period (generally six to eight weeks).
- Acute conditions in active treatment such as heart attacks, strokes, or unstable chronic conditions.

Transition of Care requests must be submitted in writing to CIGNA (the address is on the form), using the Transition of Care request form. Forms to request Transition of Care are available from your local Port Administrator or from MILA and these forms are also available on CIGNA's website at www.cigna.com.

- All non-Medicare eligible participants will receive a new ID card prior to 1/1/06. This new ID card includes the words "**Open Access Plus**" prominently displayed on the front of the card. Please dispose of your old ID cards upon receipt of the new card. Remember, you can always

order an additional card by accessing our website at www.cigna.com or calling Member Services at 1-800-794-7882.

- CIGNA's claim address and Member Service number (1-800-794-7882) are not changing for MILA members.
- In the coming weeks you will receive an additional communication announcing the availability of CIGNA's Cardiac, Diabetes and Low Back Pain disease management programs. The MILA Trustees recommend these programs for your consideration. They are voluntary and intended to help MILA members who are afflicted with these three diseases to better manage their chronic health conditions.

Should you have any questions regarding this communication, please contact MILA or CIGNA's Member Services office at 1-800-794-7882.